

## Local Support

- Atikokan** Atikokan Community Counselling Services  
123 Marks Street, P.O. Box 1956  
Atikokan, ON P0T 1C0  
Phone: 807-597-2724
- Aurora** Addiction Services for York Region (ASYR)  
14785 Yonge Street, Suite 210 (2nd Floor)  
Aurora, ON L4G 1N1  
Phone: 905-841-7007 or 1-800-263-2288 ext 322  
Website: [www.asyr.ca](http://www.asyr.ca)
- Barrie** Mental Health and Addiction Services of Simcoe County  
15 Bradford Street  
Barrie, ON L4N 1W2  
Phone: 705-726-5033  
Website: [www.cmha-mhassc.ca](http://www.cmha-mhassc.ca)
- Belleville** Addictions Centre (Hastings/Prince Edward Counties) Inc.  
218 Front Street  
Belleville, ON K8N 2Z2  
Phone: 613-969-0077
- Bracebridge** Addiction Outreach Muskoka Parry Sound  
173 Manitoba Street, Suite 202  
Bracebridge, ON PIL 1S3  
Phone: 705-645-1311 or 1-800-668-1856  
Website: [www.aomps.com](http://www.aomps.com)
- Brampton** Addiction Counselling Services at William Osler Health System  
118 Queen Street West, Suite 301  
Brampton, ON L6X 1A5  
Phone: 905-796-3005  
Website: [www.williamoslerhc.on.ca](http://www.williamoslerhc.on.ca)
- Brantford** St. Leonard's Community Services  
255 Fairview Drive, Unit 1  
Brantford, ON N3T 5P9  
Phone: 519-754-0253 or 519-759-7188 or 1-866-811-7188  
Website: [www.st-leonards.com](http://www.st-leonards.com)
- Brockville** TriCounty Addiction Services (Serving Lanark, Leeds and Grenville)  
1805 Oxford Avenue, P.O. Box 236  
Brockville, ON K6V 5V2

Phone: 613-345-7423 or 1-800-563-0062  
Website: [www.tricas.on.ca](http://www.tricas.on.ca)

**Burlington** ADAPT (The Halton Alcohol, Drug & Gambling Assessment, Prevention and Treatment Program)  
777 Guelph Line, Suite 214, Office Galleria, Burlington Mall  
Burlington, ON L7R 3N2  
Phone: 905-639-6537 or 1-866-783-7073  
Website: [www.haltonadapt.org](http://www.haltonadapt.org)

**Chatham** Chatham-Kent Mental Health and Addictions Program  
80 Grand Avenue West, P.O. Box 2030  
Chatham, ON N7M 5L9  
Phone: 519-351-6144  
Website: [www.ckha.on.ca/mentalhealth/](http://www.ckha.on.ca/mentalhealth/)

**Clinton** Choices for Change: Alcohol, Drug & Gambling Counselling Centre  
28 Centennial Drive  
Seaforth, ON N0K 1W0  
Phone: 1-877-218-0077  
Website: [www.choicesforchange.ca](http://www.choicesforchange.ca)

**Cornwall** Cornwall Community Hospital, Addiction Services  
205 Second Street East  
Cornwall, ON K6H 1Y6  
Phone: 613-936-9236  
Website: [www.cornwallhospital.ca](http://www.cornwallhospital.ca)

**Dryden** Dryden Regional Mental Health and Addiction Services  
58 Goodall Street, P.O. Box 3003  
Dryden, ON P8N 2Z6  
Phone: 807-223-6678  
Website: [www.dh.dryden.on.ca](http://www.dh.dryden.on.ca)

**Fort Frances** Riverside Community Counselling Services  
110 Victoria Avenue  
Fort Frances, ON P9A 2B7  
Phone: 807-274-4807  
Website: [www.riversidecommunitycounselling.on.ca](http://www.riversidecommunitycounselling.on.ca)

**Guelph** Homewood Community Addiction Services  
155 Delhi Street  
Guelph, ON N1E 4J3  
Phone: 519-836-5733  
Website: [www.homewood.org](http://www.homewood.org)

**Hamilton** Alcohol, Drug & Gambling Services (ADGS), City of Hamilton, Public Health Services  
21 Hunter Street East, 3rd Floor  
Hamilton, ON L8N 1M2  
Phone: 905-546-3606  
Website: [www.hamilton.ca/adgs](http://www.hamilton.ca/adgs)

**Kapuskasing** North Cochrane Addiction Services Inc.  
29 Byng Avenue, Suite 2  
Kapuskasing, ON P5N 1W6  
Phone: 705-335-8408 or 705-362-7844 or 705-338-4300 or 705-272-3059

**Kenora** Addictions Services Kenora - Gambling Program  
21 Wolsley Street  
Kenora, ON P9N 3W7  
Phone: 807-467-3555  
Website: [www.lwdh.on.ca](http://www.lwdh.on.ca)

**Kingston** Frontenac Community Mental Health & Addictions Services, Problem Gambling Services  
552 Princess Street  
Kingston, ON K7L 1C7  
Phone: 613-544-1356 ext 4108  
Website: [www.fcmhs.ca](http://www.fcmhs.ca)

**Kingston** KAIROS  
559 Bagot Street  
Kingston, ON K7K 3E1  
Phone: 613-548-4535 ext 238  
Website: [www.youthdiversion.org](http://www.youthdiversion.org)

**Kitchener** St. Mary's Counselling Service  
30 Duke Street West, Suite 600  
Kitchener, ON N2H 3W5  
Phone: 519-745-2585  
Website: [www.smgh.ca](http://www.smgh.ca)

**London** Problem Gambling Services, Addiction Services of Thames Valley  
200 Queens Avenue, Suite 260  
London, ON N6A 1J3  
Phone: 519-673-3242 ext 234  
Website: [www.adstv.on.ca](http://www.adstv.on.ca)

**Mississauga** Peel Addiction Assessment and Referral Centre

5170 Dixie Road, Suite 302  
Mississauga, ON L4W 1E3  
Phone: 905-629-1007  
Website: [www.paarc.com](http://www.paarc.com)

**Napanee** Lennox and Addington Addiction and Community Mental Health Services  
37 Dundas Street West  
Napanee, ON K7R 4C1  
Phone: 613-354-7521 or 24hr crisis line: 613-354-7388 or 1-800-267-7877  
Website: [www.lacmhs.ca](http://www.lacmhs.ca)

**New Liskeard** Timiskaming Health Unit Gambling Support Services  
421 Shepherdson Road  
New Liskeard, ON P0J 1P0  
Phone: 705-647-4305  
Website: [www.timiskaminghu.com](http://www.timiskaminghu.com)

**Niagara Region** Gambling Support Services  
60 James Street, Suite 401  
St. Catharines, ON L2R 7E7  
Phone: 905-684-1859 (24 hrs)  
Website: [www.cas-n.ca](http://www.cas-n.ca)

**Nipigon** North of Superior Counselling Programs  
211 Walker Street  
Schreiber ON P0T 2S0  
Phone: 1-877-895-6677  
Website: [www.nosp.on.ca](http://www.nosp.on.ca)

**North Bay** Community Counselling Centre of Nipissing  
361 McIntyre Street East  
North Bay, ON P1B 1C9  
Phone: 705-472-6515  
Website: [www.cccnip.com](http://www.cccnip.com)

**Oshawa** Pinewood Centre of Lakeridge Health  
419 King Street West, Suite 125  
Oshawa, ON L1J 2K5  
Phone: 905-571-3344 ext 114 or 905-683-5950  
Website: [www.pinewoodcentre.org](http://www.pinewoodcentre.org)

**Ottawa** Addiction and Mental Health Services  
221 Nelson Street  
Ottawa, ON K1N 1C7  
Phone: 613-789-8941

Website: [www.sandyhillchc.on.ca](http://www.sandyhillchc.on.ca)

- Ottawa** Rideauwood Addiction and Family Services  
312 Parkdale Avenue  
Ottawa, ON K1Y 4X5  
Phone: 613-724-4881  
Website: [www.rideauwood.org](http://www.rideauwood.org)
- Ottawa** LESA Program - Older Adults 55+ Addictions Treatment  
420 Cooper Street  
Ottawa, ON K2P 2N6  
Phone: 613-233-5430  
Website: [www.centretownchc.org](http://www.centretownchc.org)
- Ottawa** Amethyst Women's Addiction Centre  
488 Wilbrod Street  
Ottawa, ON K1N 6M8  
Phone: 613-563-0363  
Website: [www.amethyst-ottawa.org](http://www.amethyst-ottawa.org)
- Owen Sound** New Directions for Alcohol, Drug and Gambling Problems  
1101-2nd Avenue East, Suite 207  
Owen Sound, ON N4K 2J1  
Phone: 519-371-1232 ext 29 or 1-800-265-3133  
Website: [www.mhagb.ca](http://www.mhagb.ca)
- Peterborough** Four Counties Addiction Services Team Inc. (FourCAST)  
130 Hunter Street West, Unit 200  
Peterborough, ON K9H 2K8  
Phone: 705-876-1292 or 1-800-461-1909  
Website: [www.fourcast.ca](http://www.fourcast.ca)
- Red Lake** Community Counselling and Addiction Services - Red Lake/Ear Falls  
146 Howey Street, P.O. Box 1336  
Red Lake, ON P0V 2M0  
Phone: 807-727-1100
- Renfrew** Addictions Treatment Service  
510 Raglan Street North  
Renfrew, ON K7V 1P5  
Phone: 613-432-9855
- Sarnia** Lambton County Addiction Services - Bluewater Health, Problem Gambling Program  
Russell Bldg - Level 6, 89 Norman Street

Sarnia, ON N7T 6S3  
Phone: 519-464-4400 ext 5370  
Website: [www.bluewaterhealth.ca](http://www.bluewaterhealth.ca)

**Sault Ste. Marie** Addictions Treatment Clinic - Sault Area Hospital  
123 East Street  
Sault Ste. Marie, ON P6A 3C7  
Phone: 705-759-6684  
Website: [www.sah.on.ca](http://www.sah.on.ca)

**Simcoe** Community Addiction and Mental Health Services of Haldimand & Norfolk  
216 West Street, Suite 103  
Simcoe, ON N3Y 1S8  
Phone: 519-426-8760 or 1-877-909-4357

**Sioux Lookout** Community Counselling and Addiction Services  
1 Meno Ya Win Way, Box 506  
Sioux Lookout, ON P8T 1A8  
Phone: 807-737-1275 or 1-877-737-1275  
Website: [www.slmhc.on.ca/cmhas.htm](http://www.slmhc.on.ca/cmhas.htm)

**Smiths Falls** TriCounty Addiction Services (Serving Lanark, Leeds and Grenville)  
Unit A3, 88 Cornelia Street West  
Smiths Falls, ON K7A 5K9  
Phone: 613-283-7723 or 1-800-361-6948  
Website: [www.tricas.on.ca](http://www.tricas.on.ca)

**St. Catharines** Gambling Support Services  
60 James Street, Suite 401  
St. Catharines, ON L2R 7E7  
Phone: 905-684-1859 (24 hrs)  
Website: [www.cas-n.ca](http://www.cas-n.ca)

**Stratford** Choices for Change: Alcohol, Drug & Gambling Counselling Centre  
10 Downie Street, 3rd Fl., Festival Square Building  
Stratford, ON N5A 7K4  
Phone: 519-271-6730 or 1-877-218-0077  
Website: [www.choicesforchange.ca](http://www.choicesforchange.ca)

**Sudbury** Outpatient Addictions and Gambling Services, Sudbury Mental Health and Addictions  
Centre, Health Sciences North  
127 Cedar Street, 2nd Fl.  
Sudbury, ON P3E 1B1  
Phone: 705-523-4988 ext 0  
Website: [www.hsnsudbury.ca](http://www.hsnsudbury.ca)

- Thunder Bay** Sister Margaret Smith Centre, Problem Gambling Programs, St. Joseph's Care Group  
301 Lillie Street North  
Thunder Bay, ON P7C 0A6  
Phone: 807-684-5100 or 1-866-346-0463  
Website: [www.sjcg.net](http://www.sjcg.net)
- Timmins** South Cochrane Addictions Services  
85 Pine Street South, Suite 2  
Timmins, ON P4N 2K1  
Phone: 705-264-5202 or 705-232-4344 or 705-273-2233  
Website: [www.scasinc.ca](http://www.scasinc.ca)
- Toronto** Problem Gambling Service, Centre for Addiction and Mental Health (CAMH)  
33 Russell Street  
Toronto, ON M5S 2S1  
Phone: 416-599-1322  
Website: [www.problemgambling.ca](http://www.problemgambling.ca)
- Toronto** COSTI Immigrant Services  
1700 Wilson Avenue, Suite 105, P.O. Box 90  
Toronto, ON M3L 1B2  
Phone: 416-244-7714 or 1-866-222-9993  
Website: [www.costi.org](http://www.costi.org)
- Toronto** Chinese Family Services of Ontario  
3330 Midland Avenue, Suite 229  
Scarborough, ON M1V 5E7  
Phone: 416-979-8299 or 1-866-979-8298  
Website: [www.chinesefamilyso.com](http://www.chinesefamilyso.com)
- Toronto** The Jean Tweed Centre  
215 Evans Avenue  
Toronto, ON M8Z 1J5  
Phone: 416-255-7359  
Website: [www.jeantweed.com](http://www.jeantweed.com)
- Windsor** Windsor Regional Problem Gambling Services  
2109 Ottawa Street, Suite 500  
Windsor, ON N8Y 1R8  
Phone: 519-254-2112  
Website: [www.gamblerhelp.ca](http://www.gamblerhelp.ca) or [www.thechase.ca](http://www.thechase.ca)